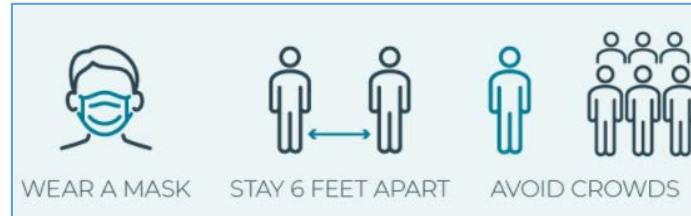


## Mask Layering Guidance



DPSCS has aligned with CDC recommendations throughout the COVID19 Pandemic.

We have implemented mandatory safety guidelines regarding PPE and distancing, that includes donning a full-face shield, in addition to masking and social distancing.

In efforts to stay up-to-date with CDC recommendations, DPSCS Occupational Health encourages continued efforts with PPE as well as consideration for implementing “double masking”.

CDC has endorsed that double masking is more effective than single masking, and is over 90% effective when masked properly.



1. Make sure your masks fits snugly against your face, gaps can let air with droplets leak in and out.



2. Pick a mask with layers, it will stop more droplets getting inside or escaping.



3. Choose a mask with multiple layers or wear a disposable underneath a cloth mask. The second mask should push the edges of the inner mask against your face, creating a snug fit.



4. Make sure you can see and breathe easily. Disposable masks can be knotted and tucked to ensure a better fit. Knot the ear loops where they join the edge of the mask, fold and tuck the unneeded material under the edges.

**\*\* Do NOT combine two disposable masks. Do NOT combine a KN95 with any other mask.**

*This message has been prepared by DPSCS Occupational Health and Safety Unit.*

<https://www.cdc.gov/coronavirus/2019-ncov/your-health/effective-masks.html>